

# Skiing, Biathlon and skateing practical-theoretical seminar Estonian, Finland, Latvian and Lithuanian teachers.

## XVIIIth Teachers Winter Days

### Time and place:

12 - 14 January 2018 Võru county, Rõuge parish, Kurgjärve Sports Base (Haanja ski trails, skating rink, and the ancient valley of Rõuge).

### Course fee € 120 per person

### Registration and information:

Registration form [www.ekkl.edu.ee](http://www.ekkl.edu.ee). Registration must be done on **January 7<sup>th</sup>** the latest. Information e-mail: [ede.pahn@gmail.com](mailto:ede.pahn@gmail.com). Please mark your name, school and the bill payers'.

### Topics and lecturers:



**ZILMER**, Kaarel (9. VI 1947 Valgamaa), Tallinn University, Movement, Health and Sport Sciences, Lecturer of Recreation Management - Ski Basics and lecture



**NARUSK**, Priit (8. XII 1977 Võru), cross-country skier and biathlon coach in Võru Sport School - What is Biathlon? Biathlon Relay.



**VŠIVTSEV**, Vladimir (12.XXI 1979 Narva). Cross-country and biathlon coach in Äkke Sport Club - Downhill Ski-cross and how to make funny PE lessons.



**PRÖTTSIKOV**, Igor (6.XII 1958 Tallinn). Tallinn Läänemere Secondary School - Icehokey in school

**TROHLEVA**, Anastassia (14.V 1988, Tallinn) Tallinn Läänemere Secondary School - Figure skating/ Skating in school

**Supporters:**

Physical Education Association, the Estonian School Sports Association, Gambling Tax Council

**Friday, January 12**

13:00 – 14.00 arrival

13:30 – 14.00 lunch

14.15 – 18.00 practical lessons

18.00 – 20.15 sauna

20.30 -.... dinner and dance activity

**Saturday, January 13**

8.15 – 9.15 breakfast

9.30 – 12:45 practical lessons

12.50 – 13.30 lunch

14:00 – 17.00 practical lessons

17.00 – 20.30 saunas evening

20.30 – dinner, reward, surprises

21.00 -..... Discussion: skiing and skating tradition

**Sunday, January 14**

8.30 - 9.00 breakfast

9.00 – 10.30 EPEA General Meeting

11.00 – 13.30 practical lesson / hiking

14.00 – lunch, and see you next year.

**We welcome you to enjoy the winter in Haanjamaa!**

☺ **Ede&Elina** ☺